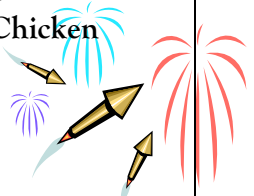




Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Confetti Salad Oven "Fried" Chicken Baked Beans Cornbread Watermelon</p> 	<p>4 <i>4th of July</i></p> 	<p>5 Tossed Green Salad Baked Fish with Dill Sauce Roast Potatoes Mixed Vegetables Seasonal Fresh Fruit</p>	<p>6 Turn Page Over</p>	<p>7 Hamburger Lettuce & Tomato Pasta Salad Baked Beans Seasonal Fresh Fruit</p>
<p>10 Spinach Salad -Hard Cooked Eggs, Cheese, Water Chestnut, Mandarin Oranges and Dressing Breadstick Fresh Fruit Ice Cream</p>	<p>11 Pea Salad Grilled Turkey/Cheese Sandwich Applesauce Cookie</p>	<p>12 Coleslaw BBQ Pork Baked Beans Seasonal Fresh Fruit</p>	<p>13 Turn Page Over</p>	<p>14 Chicken Salad on Croissant Raw Vegetable with Dip Seasonal Fresh Fruit</p>
<p>17 Tossed Salad Vegetable Lasagna Garlic Bread Pears</p>	<p>18 Teriyaki Chicken Rice Asian Vegetables Pineapple</p>	<p>19 Broccoli Salad Chicken Ala king in Bread Bowl Brussels Sprouts Seasonal Fresh Fruit</p>	<p>20 Turn Page Over</p>	<p>21 Dilled Cucumber Salad Lemon Pepper Pollock Baked Potato Zucchini Seasonal Fresh Fruit</p>
<p>24 Vegetable Soup Egg Salad Sandwich on Wheat Bread with Lettuce Pineapple Chunks Brownie</p>	<p>25 Clam Chowder Chicken Caesar Salad Bread Stick Seasonal Fresh Fruit</p>	<p>26 Coleslaw Fish & Chips with Tartar Sauce and Ketchup Seasonal Fresh Fruit</p>	<p>27 Turn Page Over</p>	<p>28 Broccoli Salad Turkey Cranberry Wrap Chips Seasonal Fresh Fruit</p>
<p>31 Sliced Tomato Salad Vegetable Quiche Roast Potato Medley Citrus Sections</p>	<p>1% milk, roll or bread, and fortified margarine are available with all meals. All fresh produce is subject to availability. Substitutions may be made without notice. Suggested meal donation for eligible persons is \$3.00. For non-eligible persons, cost is \$6.00 per meal.</p>		 <p style="text-align: center;"><i>July</i></p>	

Edmonds Senior Center Lunch

July 2017

Every Thursday 11:25 – 12:30PM

Cost: The cost to pay for a lunch on Thursday will be \$4.00

Age requirement: There will be no age requirement to have a lunch on Thursday, everyone pays \$4.00.

You don't need to be a member or be over age 60 to have the lunch.

Menu: We will be coming up with some new lunch entrees. If you have ideas, please let Alma know!

July 6 – Cobb Salad “Chicken, Bacon, Egg, Blue Cheese, Tomato, Blue Cheese Dressing”, Roll, Fruit, Cookie

July 13 – Broccoli Salad, Potato Soup with Bacon, Cheese, Chives, Roll, Fruit

July 20 – Ham & Cheddar Cheese & Dill Pickle, Cantaloupe, Chips, Ice Cream bar

July 27 – Salad, Beef Taco, Tater Tots, Tres Leches Cake