


Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>2</b> Tossed Salad Chili in a Tortilla Shell with Cheese and Onions Mandarin Oranges</p>	<p><b>3</b> Baked Chicken Scalloped Potatoes Brussels Sprouts Fruit Crisp</p>	<p><b>4</b> Carrot Raisin Salad Smothered Turkey Cutlet with Mushroom Gravy Steamed Rice Spinach Pears</p>	<p><b>5</b></p>	<p><b>6</b> Lemon Pepper Pollock Roasted Winter Squash Mixed Greens Peaches Pudding</p>
<p><b>9</b> Tossed Salad Manicotti with Red Sauce Peas and Carrots Applesauce</p>	<p><b>10</b> Meatloaf with Gravy Baked Potato Mixed Vegetables Tropical Fruit</p>	<p><b>11</b> Vegetable Soup Asian slaw Hot Seafood Sandwich Seasonal Fresh Fruit</p>	<p><b>12</b></p>	<p><b>13</b> Tossed Green Salad Stuffed Peppers Brown Rice and Quinoa Carrots Seasonal Fresh Fruit</p>
<p><b>16</b> Mac &amp; Cheese Harvard Beets Green Beans Pineapple</p>	<p><b>17</b> Tossed Green Salad Swedish Meatballs on Egg Noodles Green Peas Pears</p>	<p><b>18</b> Spinach Salad Salmon Burger on Whole Wheat Bun Sweet Potato Puffs Seasonal Fresh Fruit</p>	<p><b>19</b></p>	<p><b>20</b> Roast Pork Stuffing with Gravy Sweet and Sour Red Cabbage Stewed Apples with Cranberries Bar Cookie</p>
<p><b>23</b> Fiesta Salad Vegetable Quiche Muffin Peaches</p>	<p><b>24</b> Salisbury Steak Mashed Potatoes with Gravy Dilled Baby Carrots Tropical Fruit</p>	<p><b>25</b> Tossed Salad Teriyaki Chicken Steamed Rice Asian Vegetables Mandarin Oranges</p>	<p><b>26</b></p>	<p><b>27</b> Hot Roast Beef Sandwich on Wheat Bread Mashed Potatoes with Gravy Broccoli Seasonal Fresh Fruit</p>
<p><b>30</b> Tomato Bisque Soup Egg Salad Sandwich Pickled Beet and Onion Salad Applesauce</p>	<p>1% milk, roll or bread, and fortified margarine are available with all meals. <i>All fresh produce is subject to availability. Substitutions may be made without notice.</i> Suggested meal donation for eligible persons is \$3.00. For non-eligible persons, cost is \$6.00 per meal.</p>			



Edmonds Senior Center Lunch  
**Apr 2018 Every Thursday**  
11:25 – 12:30PM

Cost: The cost to pay for a lunch on Thursday will be \$4.00

Age requirement: There will be no age requirement to have a lunch on Thursday, everyone pays \$4.00.

You don't need to be a member or be over age 60 to have the lunch.

Menu: We will be coming up with some new lunch entrees. If you have ideas, please let Alma know!

**Apr 5 – Veggie W/ Pesto Mayo Croissant, Chips, Fruit,  
Brownie**

**Apr 12 – Salad, Chili Cheese Dog W/Onion, Fruit, Ice Cream  
Bar**

**Apr 19 – Salad, Meatloaf, Mashed Potatoes W/Gravy, Fruit,  
Cookie**

**Apr 26 – Coleslaw, Fish Sticks and Fries W/Tartar Sauce,  
Fruit, Cornbread**