



Monday	Tuesday	Wednesday	Thursday	Friday
3 Tossed Salad Cheese Ravioli with Marinara Sauce Bread Stick Tropical Fruit	4 Beet Salad Chicken Pot Pie with Vegetables & Biscuit Top Peaches	5 Taco Salad with Beef, Cheese, Rancho, Chips, Salsa and Sour Cream Mandarin Orange 	6 Turn Page Over	7 Cucumber Salad Lemon Pepper Pollock Rice Pilaf Roll Seasonal Fresh Fruit
10 Fruit Salad Spanish Omelet Potato Medley Cookie 	11 Tossed Salad/Crackers Spaghetti & Meat Sauce w Parmesan Cheese Garlic Breadstick Fruit Cocktail	12 Tossed Salad Hot Roast Beef Sandwich Mashed Potatoes Seasonal Fresh Fruit	13 Turn Page Over	14 Teriyaki Chicken Skewers Sesame Noodles Stir Fry Vegetables Seasonal Fresh Fruit
17 Soup/Crackers Pizza with Vegetable Topping Tropical Fruit Brownie	18 Dilled Cucumber Salad Tuna Melt Chips Mandarin Oranges	19 Tossed salad/Crackers Meatloaf Baked Potato w Sour Cream Seasonal Fresh Fruit	20 Turn Page Over	21 
24 Closed Christmas Eve	25 <i>Christmas</i> 	26 Broccoli Salad Stuffed Salmon Roast Potato Medley Seasonal Fresh Fruit	27 Turn Page Over	28 Tossed Salad Roast Pork w Scalloped Apples Stuffing Green Beans Seasonal Fresh Fruit
31 Cottage Cheese w Pineapple Hearty Lentil Soup Rustic Roll Seasonal Fresh Fruit	Holiday Meal Tossed Salad with Dressing Baked Ham with Pineapple Sauce Sweet Potatoes Vegetable Medley Dinner Roll Holiday Dessert  		 <h1 style="text-align: center;">December</h1>	

1% milk, roll or bread, and fortified margarine are available with all meals. All fresh produce is subject to availability. Substitutions may be made without notice. Suggested meal donation for eligible persons is \$3.00. For non-eligible persons, cost is \$7.50 per meal

Edmonds Senior Center Lunch

Dec 2018 Every Thursday
11:25 – 12:30PM

Cost: The cost to pay for a lunch on Thursday will be \$4.00

Age requirement: There will be no age requirement to have a lunch on Thursday, everyone pays \$4.00.

You don't need to be a member or be over age 60 to have the lunch.

Menu: We will be coming up with some new lunch entrees. If you have ideas, please let Alma know!

Dec 6 – Coleslaw, Pulled Pork Sandwich, Fruit, Cookie

Dec 13 – Salad, Proper English Cottage Pie, Fruit, Brownie

Dec 20 – Veggie Pesto Mayo Croissant, Tomato Soup, Fruit, Christmas Cake

Dec 27 – Salad, Scalloped Potatoes & Ham, Fruit, Cookie