



Monday	Tuesday	Wednesday	Thursday	Friday
Thanksgiving Dinner Tossed Green Salad with Dressing Roast Turkey w/Gravy and Cranberry Sauce Old Fashioned Stuffing Mashed Potatoes Vegetable Blend Dinner Roll Pumpkin Pie		1 Coleslaw Fish & Chips Corn Muffin Seasonal Fresh Fruit	2 PLEASE TURN TO OTHER SIDE	3 Tossed Green Salad Stuffed Green Peppers Rice with Peas Seasonal Fresh Fruit
6 Tossed Green Salad Vegetable Lasagna Garlic Bread Stick Pears	7 Marinated Vegetable Salad Hot Seafood Sandwich Pineapple Butterscotch Pudding	8 Tossed Green Salad Baked Chicken Scalloped Potatoes Green Beans Peaches	9 PLEASE TURN TO OTHER SIDE	10 Veteran Day Holiday 
13 Tossed Green Salad Chili Topped Baked Potato with Cheese/Sour Cream Spinach Applesauce	14 Tossed Green Salad Chicken Ala King in Bread Bowl Mixed Vegetables Bar Cookie	15 Broccoli Salad Lemon Pepper Pollock Baked Potato/Sour Cream Spinach Seasonal Fresh Fruit	16 PLEASE TURN TO OTHER SIDE	17 Thanksgiving Dinner Served 
20 Tossed Salad Manicotti with 3 Cheeses and Marinara Sauce Green Peas Apricots	 21 Tossed Green Salad French Dip on Hoagie Roll with Au Jus Potato Salad Seasonal Fresh Fruit	22 Tossed Salad Tuna Melt Oven Fries Peaches 	23 	24 Closed For Holiday 
27 Cucumber Salad Lentil Soup with Rustic Bread Mandarin Oranges Cookie 	28 Tossed Green Salad Meatloaf with Gravy Baked Potato Green Peas Fruit Crisp	29 Fruit Salad Chicken Parmesan on Spaghetti with Sauce Green Beans Garlic Bread Stick Sherbet	30 PLEASE TURN TO OTHER SIDE	

1% milk, roll of bread, and fortified margarine are available with all meals. All fresh produce is subject to availability. Substitutions may be made without notice. Suggested meal donation for eligible persons is \$3.00. For non-eligible persons, cost is \$6.00 per meal

Edmonds Senior Center Lunch

November 2017 Every Thursday

11:25 – 12:30PM

Cost: The cost to pay for a lunch on Thursday will be \$4.00

Age requirement: There will be no age requirement to have a lunch on Thursday, everyone pays \$4.00.

You don't need to be a member or be over age 60 to have the lunch.

Menu: We will be coming up with some new lunch entrees. If you have ideas, please let Alma know!

Nov 2 – Salad, Scalloped Potatoes & Ham, Steamed Broccoli, Roll, Cookie

Nov 9 – Spinach Salad, Beef Stroganoff W/Rice, Apple Pie

Nov 16 – Salad, Proper English Cottage Pie, Fruit, Brownie

Nov 30 – Salad, Baked Potato Soup, Roll, Fruit, Cookie