




Monday	Tuesday	Wednesday	Thursday	Friday
	<p>2 Cucumber Salad Lentil Soup Rustic Bread Mandarin Oranges Cookie</p>	<p>3 Broccoli Salad Lemon Pepper Pollock Baked Potato Sour Cream Spinach Pineapple</p>	<p>4  Turn Page Over</p>	<p>5 Tossed Green Salad Baked Chicken Scalloped Potatoes Green Beans Peaches</p>
<p>8 Pickled Beet Salad Potato Leek Soup Egg Salad Sandwich Apricots</p>	<p>9 Tossed Green Salad Meatloaf with Gravy Baked Potato Green Peas Fruit Crisp</p>	<p>10 Tossed Green Salad Chicken Alfredo Mixed Vegetables Garlic Bread Seasonal Fresh Fruit</p>	<p>11  Turn Page Over</p>	<p>12 Spinach Salad Hearty Beef Stew Cornbread Seasonal Fresh Fruit</p>
	<p>16 Marinated Vegetable Salad Baked Fish Rice Pilaf Broccoli Applesauce</p>	<p>17 Taco Salad with Beef, Cheese, Rancho Beans on Chips with Salsa and Sour Cream Tropical Mixed Fruit Flan</p>	<p>18  Turn Page Over</p>	<p>19 Broccoli Salad Salisbury Steak with Gravy Baked Potato Fresh Greens Seasonal Fresh Fruit</p>
<p>22 Cucumber Salad Split Pea Soup Grilled Cheese Sandwich Peaches</p>	<p>23 Pea and Cheese Salad Sloppy Joes Baked Beans Seasonal Fresh Fruit</p>	<p>24 Spinach salad Roast Pork with Apples Sweet &amp; Sour Red Cabbage Baked Sweet Potato Pears</p>	<p>25  Turn Page Over</p>	<p>26 Clam Chowder Chicken Caesar Salad Bread Stick Seasonal Fresh Fruit</p>
<p>29 Pickled Beet Salad Macaroni and Cheese Green Beans Fruit Cup</p>	<p>30 Tossed Salad Chicken Ala King in Bread Bowl Mixed Vegetables Bar Cookie</p>	<p>31 Coleslaw Fish and Chips with Ketchup and Tartar Sauce Corn Muffin Seasonal Fresh Fruit</p>		

1% milk, roll or bread, and fortified margarine are available with all meals. All fresh produce is subject to availability. Substitutions may be made without notice. Suggested meal donation for eligible persons is \$3.00. For non-eligible persons, cost is \$6.00 per meal

## Edmonds Senior Center Lunch

**Jan 2018 Every Thursday**

**11:25 – 12:30PM**

Cost: The cost to pay for a lunch on Thursday will be \$4.00

Age requirement: There will be no age requirement to have a lunch on Thursday, everyone pays \$4.00.

You don't need to be a member or be over age 60 to have the lunch.

Menu: We will be coming up with some new lunch entrees. If you have ideas, please let Alma know!

**Jan 4 – Salad, French Dip W/Au Jus, Fries, Fruit, Cookie**

**Jan 11 – Breakfast Bake, Hash Brown Pattie, Fruit, Orange Juice**

**Jan 18 – Veggie Croissant w/Pesto Mayo, Fruit, Chips, Brownie**

**Jan 25 – Stuffed Peppers, Steamed Kale, Fruit, Raspberry Pudding**